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STILL DOING IT

The Intimate Lives of Women Over 60

“Passion isn’t just for kids.”

When Deirdre Fishel and Diana Holtzberg began work on their groundbreaking documentary, *Still Doing It*, they knew they were catching a wave. The women of the baby boom were aging—and the silence was deafening. The generation that had been so outspoken about sexuality, freedom, and choice, had suddenly gone quiet. But in *Still Doing It*, Fishel, Holtzberg, and the incredible women in their documentary broke the silence. The big dark secret: these women were still having sex, and liking it! The film was a critical success, winning awards and garnering acclaim from some of the nation’s top critics.

Now they are back with a stimulating and eye-opening book that picks up where the film left off. At its heart, *Still Doing It* is a vigorous and intriguing look at the generation of women who helped usher in the sexual revolution and changed the way we approached love and intimacy. It explores the lives and loves of women in their 60s, 70s and older. These women are vivacious, confident, opinioned and wise. This, however, hasn’t stopped them from having the kind of deep passions and relationships that we never think of older women as having.

Today’s women are living longer, healthier lives and their appetite for sex and intimacy isn’t fading. Think your mother isn’t having sex—or having sexual thoughts? Think again! Millions of women—and men—flock to movies starring radiant older women such as Helen Mirren, Susan Sarandon, and Catherine Deneuve. Slowly, we’ve warmed up to the idea of older women as sexual beings, but still the stereotypes persist.

Still Doing It presents a host of dynamic, sexual women whose very stories will enlighten, titillate, and probably offend. The women in the book are living life on their terms—they’ve raised kids, been in long term relationships, lost spouses, been divorced, come out of the closet, and some have even found true love in the nursing home.

Still Doing It is a call to arms. Women, stand up. Go out. Fall in love. Get laid.

It is time for a younger generation to toss away the arcane ideas of older women as grandmothers, spinsters, and widows and for an older generation to embrace their sexuality. “Older women are still doing it, still loving it, and still getting better at it, ‘it’ being whatever their passion is.” They are *Still Doing It!*

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Highlights:

Follows the success of film and books exploring the joys of old age – think Diane Keaton in the hit *Something’s Got to Give* and the bestseller *A Round-Heeled Woman

***Older women are attractive and irresistible --think Goldie Hawn**

***Many are having the Best Sex of their Lives**

***As an experienced group who know what they want sexually they are not afraid to ask for it**

***Women can and do fall in love at 80**

***Older age is all about reinvention -- changing careers and sexual preferences**

***Women over 60 shopping for sex toys**

***Church-going grandmothers having sex yet unwilling to marry**

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By
Deirdre Fishel and
Diana Holtzberg

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